



Life Saving Rules Policy:

Network Rail's **Life Saving Rules** are a basic set of rules for high risk work activities. Failure to comply with the rules could result in a situation where death or serious injury is the outcome.

Blackwood Plant Hire is committed to complying with the Life Saving Rules at all times whenever and wherever our people carry out work on its behalf. Our message is clear and unequivocal – if you choose to violate the rules, then you choose not to work for Blackwood Plant.

The Life Saving Rules, as applicable to Blackwood Plant Hire are:

- Never start a job, or go on or near the line, before it is properly planned and the required permits, if required, are in place
- Do not use hand held or hands free mobile phones or any other mobile device while driving any vehicle or mobile plant
- Make sure the equipment you are using is fit for its intended purpose. Carry out daily before use checks diligently and make sure maintenance and inspection certification is in date. If any fault or defect is found – report it, do not use it.
- Do not undertake any work unless you are trained and competent to do so
- Do not come to work or drive any vehicle under the influence of drugs or alcohol. If you are taking prescribed medication – report it. If you are taking over the counter medication – read the instruction leaflet or guidance on the label and report it to your supervisor/manager
- Obey speed limits and wear seat belts whenever driving vehicles or mobile plant at work
- Never enter any exclusion zones unless instructed by the person in charge

Although generally not something that you as Blackwood Plant Hire personnel should be involved with; other rules that might apply in certain circumstances and taking into consideration your personal competences:

- Always test before applying earths or straps
- Always regard electrical equipment as live unless the person in charge of the works has confirmed otherwise
- If working at height, ensure fall prevention or fall protection systems are in place

Safe behaviour is a requirement when working for Network Rail. The above rules are in place to keep us all safe.

Never break the rules. If you do, then you can expect to be challenged if your behaviour is thought to be unsafe.

Disciplinary Action will be taken against anyone found not to be complying with the Life Saving Rules

Signed:

A handwritten signature in black ink, appearing to read 'P McCormack'.

P McCormack
Managing Director

Dated: 01 March 2022